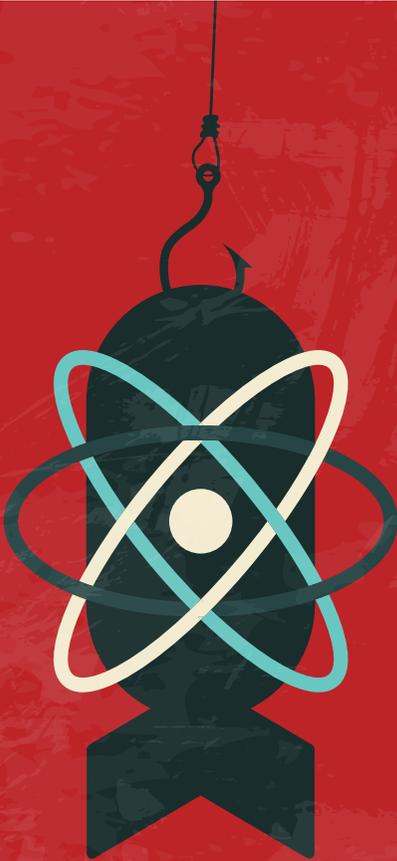


PIONEER

CONNECT

JUNE 24, 2017



NUCLEAR FISHIN'

TWO FISH AND A CROSS



WELCOME

to Pioneers

Good morning and welcome to our special communion Sabbath.

Today we have the privilege of following Jesus' example by participating in the foot washing and communion services. Jesus offers to wash our past away, cleanse us, and live in us.

"It is at these, His own appointments, that Christ meets His people, and energizes them by His presence. . . . All who come with their faith fixed upon Him will be greatly blessed" (*Desire of Ages*, p. 656).

May God richly bless you as you seek Him today.

—Bryan von Dorpowski

 PIONEER MEMORIAL CHURCH 8655 UNIVERSITY BOULEVARD, BERRIEN SPRINGS, MI 49103		
OFFICE HOURS Monday – Thursday (8 to 5) • Friday (8 to 12)		PHONE – 269.471.3133 FAX – 269.471.6152
LIVE STREAMING www.pmchurch.org Sabbath 11:45 AM	ONLINE www.pmchurch.org www.newperceptions.tv	RADIO WAUS – 90.7 FM Sabbath 11:30 AM
 NOMINATING REPORT Scan this code to view the most recent Nominating Committee Report.	 FIND A SABBATH SCHOOL	

FIND IT HERE

CONNECT • GROW • SERVE • GO



4

**THE FOURTH
WATCH BLOG**

The Heat is Turning Up

8

SABBATH SCHOOL

Major Themes in
1 and 2 Peter

12

ANNOUNCEMENTS

6

PIONEER LIFE

The Sunshine Vitamin

9

**ANDREWS
ACADEMY AD**

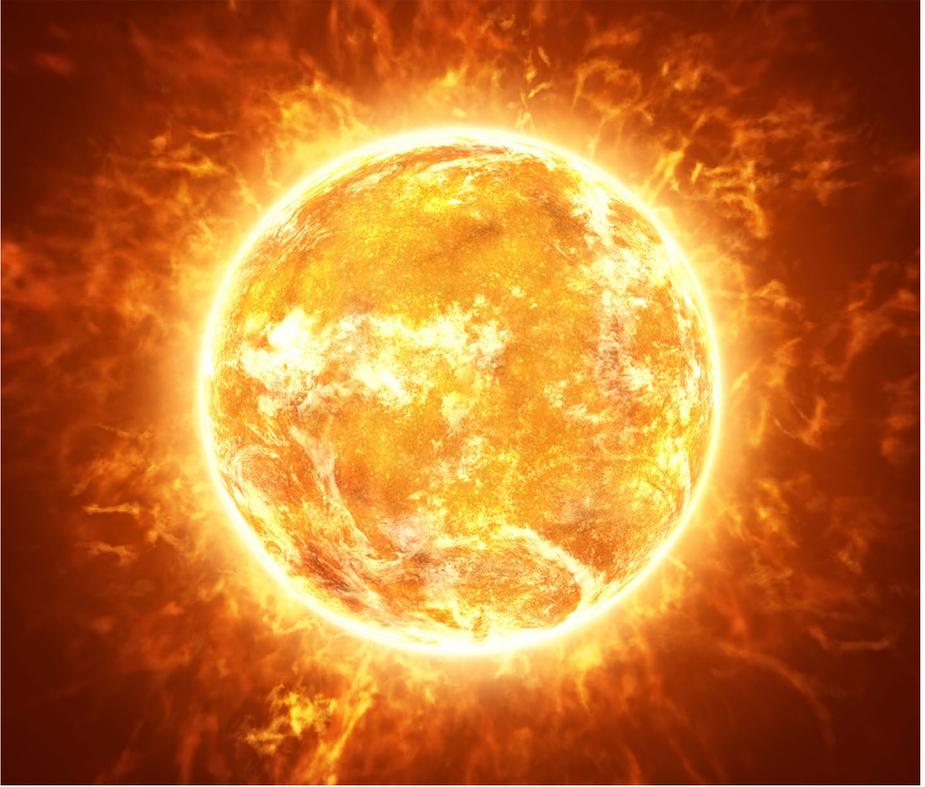
15

CONTACTS

10

**PIONEER
@ WORSHIP**

9:00 & 11:45 AM Service



THE HEAT IS TURNING UP

BY DWIGHT K. NELSON

The fourth angel poured out his bowl on the sun, and the sun was given power to scorch people with fire. They were seared by the intense heat and they cursed the name of God, who had control over these plagues, but they refused to repent and glorify him” (Revelation 16:8-9).

Let me be clear—I don’t believe we’re in the midst of the Seven Last Plagues.

But let’s go apocalyptic for a moment. That is, after all, the point of this weekly blog “The Fourth Watch”: to scan rapidly mounting harbingers that this civilization is now in the throes of its final watch, what the Romans called “the fourth watch”—the darkest period of night before dawn.

On Monday the journal *Nature* published a study, “Global Risk of Deadly Heat” (www.nature.com/

nclimate/journal/vaop/ncurrent/full/nclimate3322.html). Commenting on the study news media reported: "Deadly heat waves like the one now broiling the American West are bigger killers than previously thought and they are going to grow more frequent, according to a new comprehensive study of fatal heat conditions. . . . A team of researchers examined 1,949 deadly heat waves from around the world since 1980 to look for trends, define when heat is so severe it kills and forecast the future. They found that nearly one in three people now experience 20 days a year when the heat reaches deadly levels. But the study predicts that up to three in four people worldwide will endure that kind of heat by the end of the century, if global warming continues unabated" (abcnews.go.com/Technology/wireStory/hot-handle-study-shows-earths-killer-heat-worsens-48133208).

No doubt the inhabitants of the cities experiencing the sun's deadly scorching this week would be inclined to concur—Phoenix 119 degrees (with planes grounded because it was too hot), Las Vegas 117 degrees, Sacramento 107 degrees, Death Valley 127 degrees. Camilo Mora of the University of Hawaii, lead author of the study, predicted, "The United States is going to be an oven. . . . This is already bad. We already know it. . . . The empirical data suggest it's getting much worse" (ibid). Only in America? Turbat, Pakistan, back in May registered a lethal 128 degrees (ranking it "among the five hottest temperatures reliably measured on Earth").

The death tally isn't in yet, of course. But a sober reminder of how high the human toll can be is the 2003 heat wave in Europe that claimed over 70,000 lives. The 72 deaths in Portugal last week from the dry sun-ignited wild fires are a reminder no place will be exempt from deadly heat.

“. . . and the sun was given power to scorch people with fire.”

We are not experiencing the fourth plague, whose apocalyptic proportions will surely dwarf the statistics scientists are scrambling to interpret. Nevertheless, Jesus warned His followers that before His return **“there will be signs in the sun . . . for the powers of the heavens will be shaken” (Luke 21:25-26).**

Shall we be afraid? No. Shall we be reminded that we live on the edge of God's escalating endgame? We must.

I was on assignment last week in the nation's capital. The chaotic mix of fear (my plane landed just hours after the shootings at the Congressional baseball practice that early morning), confusion and capricious volatility the world over surely compels those of us who call ourselves "Adventists" to shake off the numbing lethargy that paralyzes the heart of our faith community and our own souls as well.

Now more than ever the masses that live in Washington, D. C. and Chicago, Detroit and Los Angeles—the scores of urban centers in this nation—must be warned that "the end of all things is at hand" (1 Peter 4:7). It is simply not enough for us to comfort our end-time-hungry souls with the reminder Jesus is coming soon. You don't win this game by guessing how close we are to the end. The only winning left on this deteriorating planet is the mission of Almighty God to save every lost earth child of His while there is still time. Forget the signs—we must embrace the mission—now rather than later.

Simply because later will one day be too late.

So what, pray tell, are we waiting for, you and I? ■

You can follow Pastor Dwight's blog at www.pmchurch.tv/blog.

the SUNSHINE VITAMIN

BY KATHERINE KOUDELE

The warm, bright and sunny days of summer are here and we all like to get outside and enjoy them. In addition to the multiple benefits of being more active outdoors, these sunny days also help us improve our nutrition by stimulating the synthesis of vitamin D in our skin. This vitamin is unique in that, unlike other vitamins that we consume in our food or are produced by our gut's microbiome (e.g., vitamin K), vitamin D is made by our skin cells when the sun's UV-B rays hit them. Yet we've been told to rub sunscreen on our skin when we go outside to prevent skin cancers, and this causes a dilemma: the sunscreen that prevents skin cancers also blocks the ability of our skin cells to make vitamin D. The combination of sunscreen use and more time spent indoors has increased the number of people with low vitamin D in their bodies. The World Health Organization reports that as many as 48% of people in many populations are deficient in vitamin D. Among dark-skinned individuals living in northern latitudes, this can rise to 95%!

But why should we care about how much vitamin D we have? Although it is called a "vitamin," this nutrient actually functions more like a hormone in our bodies. It is essential in the metabolism of calcium and the subsequent formation



and maintenance of bones and teeth. It acts mainly by assisting the absorption of the calcium from our food across the intestinal wall and into our blood. The concentration of calcium in the blood is closely maintained. If it drops too low and too quickly in a human, or any mammal, the nerves and muscles will not function properly and the individual will collapse and have seizures. In order to keep the



calcium and/or vitamin D will result in their bones forming incorrectly and they will develop rickets.

So, how do we prevent skin cancer from sun exposure and yet at the same time keep our bones strong? Vitamin D is present in small amounts in some foods of animal origin such as marine fish and the government requires that all milk be fortified with vitamin D but it is difficult to get adequate amounts through diet alone. The Vitamin D Council (www.vitamind-council.org) recommends that you take a vitamin D supplement of at least 2,000 I.U on the days you are mostly inside and then allow your skin to get sun exposure on the days when you can be outside. The amount of time bare skin should be exposed to the sun for adequate vitamin D synthesis varies greatly with the amount of pigmentation of the skin: fair-skinned people can make enough by exposing their back, arms, or legs to the midday sun for 15-30 minutes a day while very dark-skinned people need up to four hours in the sun. Fortunately, the time of sun exposure needed is less than what will cause a sunburn. So, get your daily dose of sunshine and vitamin D, then put on the sunscreen and enjoy the rest of your day outside! ■

Katherine Koudele is a Certified Group Fitness Instructor and the Co-director of the Health Ministry here at PMC.

correct blood calcium levels, the cells on the bone surfaces liberate some of the calcium stored in the bones and release it into the blood. If not enough calcium is present in the diet or there is not enough vitamin D to cause it to be absorbed from the intestines to restore the lost calcium to the bones, they will become thinner and more porous and therefore more liable to fracture. In young children, inadequate

SUPPORT THIS MINISTRY

Please indicate
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WE STUDY

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Song Service	Jimmer Mun
Opening Hymn	<i>Joy By and By</i> • 430
Welcome & Prayer	Tom Baker
Mission Spotlight	
Offertory	
Bible Study	"Major Themes in 1 and 2 Peter" • Classes
Theme Song	<i>Make Me a Blessing</i>
Benediction	Jimmer Mun

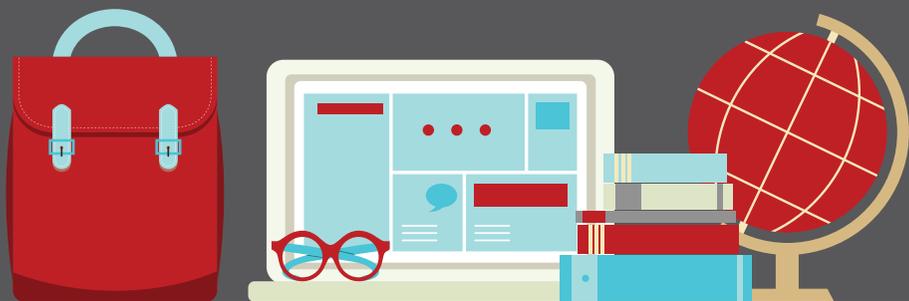
ORGANIST: Kenneth Logan

MUSIC ALIVE

THE WONDROUS CROSS

The accolades are so profuse. Why have people said such things about "When I Survey the Wondrous Cross" by Isaac Watts? One dubbed it "the greatest of all his poems;" another called it "The Pearl of English Hymnody." Charles Wesley said that he would trade all the hymns he had ever written for this one, while Leonard Ellinwood believed that Watts' entire theology was expressed in the last stanza ("Were the whole realm

of nature mine . . ."). A sharp critic of hymns, Matthew Arnold, was attending a Presbyterian church service in Liverpool, England and listened to the congregation's singing of the hymn. Arnold repeated to himself lines of the hymn after the church service, and at lunch spoke of it as our greatest hymn. Why not meditate on these words (hymn 154) during the Opening Voluntary today? ■



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Registration Day is August 16

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THE CALL

The Meditation *When I Survey the Wondrous Cross* • Lowell Mason

***The Introit** *In the Cross of Christ I Glory* • Ithamar Conkey

The Call John 6:26-27, 35 NIV • *Bryan von Dorpowski; **Jamila Sylvester

Jesus answered, "Very truly I tell you, you are looking for me, not because you saw the signs I performed but because you ate the loaves and had your fill.

Do not work for food that spoils, but for food that endures to eternal life, which the Son of Man will give you. For on him God the Father has placed his seal of approval."

Then Jesus declared, "I am the bread of life. Whoever comes to me will never go hungry, and whoever believes in me will never be thirsty.

Come then, let us worship Him for Whom our souls hunger.

***The Doxology** *Praise God, From Whom All Blessings Flow* • 2

***The Invocation** Dwight K. Nelson

THE CELEBRATION

In Praising *How Great Thou Art* • st. 1-3 of 86

In Praying Bryan von Dorpowski

In Giving PMC Operating Expense • *Robert Johnston; **Harold Smith II

In Telling Children's Story

In Singing *What Wondrous Love?*

In Proclaiming "Nuclear Fishin': Two Fish and a Cross" • Dwight K. Nelson

THE CLEANSING

When he had finished washing their feet, he put on his clothes and returned to his place. "Do you understand what I have done for you?" he asked them. "You call me 'Teacher' and 'Lord,' and rightly so, for that is what I am. Now that I, your Lord and Teacher, have washed your feet, you also should wash one another's feet. I have set you an example that you should do as I have done for you. Very truly I tell you, no servant is greater than his master, nor is a messenger greater than the one who sent him. Now that you know these things, you will be blessed if you do them." —John 13:12-17 NIV

THE COMMUNION

****In Praising**

*Worthy is the Lamb/Crown Him with Many Crowns
Revelation Song
Holy, Holy, Holy*

In Reading

*Peter van Bemmelen; **Jeannie Pedersen-Smith

When the hour came, Jesus and his apostles reclined at the table. And he said to them, "I have eagerly desired to eat this Passover with you before I suffer." And he took bread, gave thanks and broke it, and gave it to them, saying, "This is my body given for you; do this in remembrance of me." In the same way, after the supper he took the cup, saying, "This cup is the new covenant in my blood, which is poured out for you."
—Luke 22:14-15, 19-20 NIV

In Praying

*Robert Johnston; **Harold Smith II

In Partaking

There Is a Fountain

THE COMMITMENT

In Singing

Sent Forth by God's Blessing • 407

In Blessing

In Giving

PMC Assistance Fund

In Leaving

Lift High the Cross • Donald Busarow

PRESIDING ELDER: Bryan von Dorpowski; ORGANIST: Kenneth Logan
IN PARTAKING: Karen Nelson, mezzo-soprano; Jeannie Pedersen-Smith, soprano
ACOUSTIC GUITAR: David Hernandez; BASS GUITAR: Randall Ulangca;
FLUTE: Rebecca Vajdic; PIANO: Lyshll Prudente
VOCALS: Joseph Capeles, Sinegugu Katenga, Medgine Picard, Jamila Sylvester

SUBMIT announcements by emailing bulletin@pmchurch.org or by going to www.pmchurch.org/announcements/submit. Requests must be received **Monday by 5:00 PM** for consideration.

NEXT WEEK'S OFFERING
PMC Operating Expense

SUNSET TODAY • 9:25
SUNSET NEXT FRIDAY • 9:25

PIONEER PULPIT

| 07 • 01 |

RODLIE ORTIZ

"I Wonder What the Bible Says About _____?"

| 07 • 08 |

JOSÉ BOURGET

"I Wonder What the Bible Says About _____?"

FINANCIAL FEATURE

PMC OPERATING BUDGET

Imagine coming into the sanctuary one hot and humid Sabbath morning to find unbearable heat with no air conditioning in place, no lights, and no public-address equipment. I am guessing several people would turn around and go back home until they receive word that everything is back to normal. Are we not glad that is not our experience today? Part of what today's offering (church budget) will do is to ensure that the dire situation described above does not occur. "So let each one give as he purposes in his heart, not grudgingly or of necessity; for God loves a cheerful giver" (1 Corinthians 9:7).

Follow Jesus Today

Rooms downstairs are already prepared for Jesus' example of footwashing—rooms for women, for men and for families. The nursery room (North Wing) is prepared for those needing to remain on the sanctuary level. Second service—the Youth Chapel is set up for high-school students and young adults. Come and share the towel, that symbol of a stained life set free and cleansed today in Jesus.

Love Gift for the Needy

Every time we celebrate the cross, we give a special offering of gratitude to aid families in crisis. Because of our extensive work in Benton Harbor and the fact that many PMC families are struggling as a result of our present economic challenges, we need to replenish this fund which provides help in emergency situations. So today, thank you in advance for giving an extra "love offering" for your neighbors in need twelve miles up the road and those right here at home.

Summer GROW Groups are here!

Take the opportunity to invite others from your neighborhood, church, work, or class to join you as you connect with each other and with God. Sign up to join at www.pmchurch.org/grow.

Adult Sabbath School Quarterly

Today is the last day for Adult Sabbath School teachers or group representatives to pick up lesson quarterlies on behalf of their Sabbath on-duty leaders or Sabbath School group from the Welcome Center. Sabbath School materials are also available for free at <http://ssnet.org/study-guides/>. For questions or to submit Sabbath School information, contact Janna Quetz or Pastor Sabine via janna.quez@pmchurch.org or 471.3133.

Adventist Youth Ministries Museum Volunteers

The Adventist Youth Ministries Museum is looking for volunteers to help inventory, catalog, and photograph the memorabilia that we have at Cedar Lake, MI, June 29 to July 21, 2017. If you can help during any of these days please contact Terry Dodge, 517.331.1346 or tdodge@aymmuseum.org for details.

Knitting Hearts Together

JUNE 27 • 7:00 TO 8:30 PM
MACCARTY HOME

Consider joining this ministry to the bereaved and seriously ill. For more information, contact Alice Williams (alicew@andrews.edu, 461.6815, or 281.1005) or Lyn MacCarty (471.9060 or 208.3377).

Wedding Anniversaries

To be happily married for 50 years or more is an awesome achievement! Congratulations! How about getting together for a celebration dinner and an opportunity to praise God for your life together. Call 471.4308 or email dudleym@andrews.edu if you are interested.

New Member Orientation

JULY 1 • 10:30AM
BOARD ROOM

If you recently transferred your church membership, been baptized, joined by Profession of Faith, or enrolled at Andrews University, you are invited to attend the Pioneer new member orientation. We want to meet you, share the mission and vision of Pioneer with you, as we help you become better acquainted with your new church family. Register at www.pmchurch.org/new-member or call Pastor Sabine Vatel or Janna Quetz at 269.471.3133.

Adventist Retirees of Michiana

JULY 9 • 1:00 PM
VILLAGE SDA CHURCH

Come to the monthly ARM potluck and enjoy guest musician Ellen Taemin Yun, a senior piano major at Andrews University. Carmelo Mercado, general vice president of the Lake Union Conference of SDAs, will be our featured speaker. This potluck meeting is open to all Adventist retirees and/or persons 55 and older. Bring your food and enjoy the program and fellowship. For more information contact Ralph Wood (rcwood90@gmail.com).

Sun, Fun, & Faith

The PMC Youth Sabbath School sponsors a number of activities during the summer. One activity is boating on Lake Chapin every Tuesday evening. We are in need of another boat or two to help with the tubing or wakeboarding. If you have a boat and are interested in helping out, contact Larry Habenicht (269.449.7428 or lhabenicht@comcast.net).

God's Hands 4 Kids

God's Hands 4 Kids has some community volunteer opportunities for a variety of upcoming events. Berrien County Foster Adoption Network (BCFAN)—Trial Court, Foster Care, Post Adoption Resource Center, and GH4K will be holding a Resource Fair on July 13. You could scoop ice cream, provide a grill for veggie dogs, help out, or play with the kids. You could love like Jesus. In the fall we will be offering a regular support group for foster and adoptive families—an ongoing opportunity to be a fisherman with love. For more information please email godshands4kids@gmail.com.

Summer Exercise Classes

NOW THROUGH JULY 27

H2OFit

Tuesdays & Thursdays • 7:30-8:15 AM
Johnson Gym Pool

ToBoFit

Tuesdays & Thursdays • 5:00-5:50 PM
Lamson Hall Health Club

These FREE classes are part of the PMC Health Ministries and are open to anyone 18 years and older. If you have questions please contact Kathy Koudele (kathy.koudele@pmchurch.org).

FLAG Camp

NOW THROUGH AUGUST 3
PATHFINDER BUILDING

FLAG Camp is a Christian day camp where children grades K-8 enjoy quality programs. Whether you plan to send your child every day, or just a day here and there throughout the summer, FLAG Camp is a great choice when it comes to affordable childcare. For registration or more info visit www.pmchurch.org/flagcamp.

Pathfinder Mission Trip

The Evergreen Pathfinders are embarking on their very first Mission Trip! Your prayers and support are much appreciated as the team of 10 Pathfinders/TLTs and 3 staff travel to New York from July 7 through 16. They will be renovating the Union Springs Academy, which recently experienced a fire.

Media Team Volunteers

The PMC Media Team is looking for volunteers. Experience is welcome but not necessary. Take this opportunity to discover what happens behind the scenes of a global media ministry. For info and on-the-job training, email mediateam@pmchurch.tv.

Maker Fun Factory VBS

JUNE 26-30 • 9:00 TO 11:45 AM
NILES WESTSIDE SDA CHURCH
(1105 GRANT ST., NILES, MI)

Join us for Bible stories, crafts, games, and more! Pre-register at www.NilesWestside.org or call 269.683.5998.

Thank You

Dear PMC Family, thank you for your support during our recent loss. The flowers, cards, visits, hugs, and prayers remind us how blessed we are to be a part of such a caring church family.

—Justina, Jared, and Julie Clayburn

More Announcements

For more PMC and community announcements, please visit our website at www.pmchurch.org/announcements.

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RMES GARAGE SALE



JULY 2-9
SUNDAYS—8 AM TO 6 PM
WEEKDAYS—2 TO 6 PM

Help support our school
by stopping by our annual garage sale!
The proceeds from the sale will go to support
the Worthy Student Fund.

FOR MORE INFORMATION
CALL 269.876.9986

