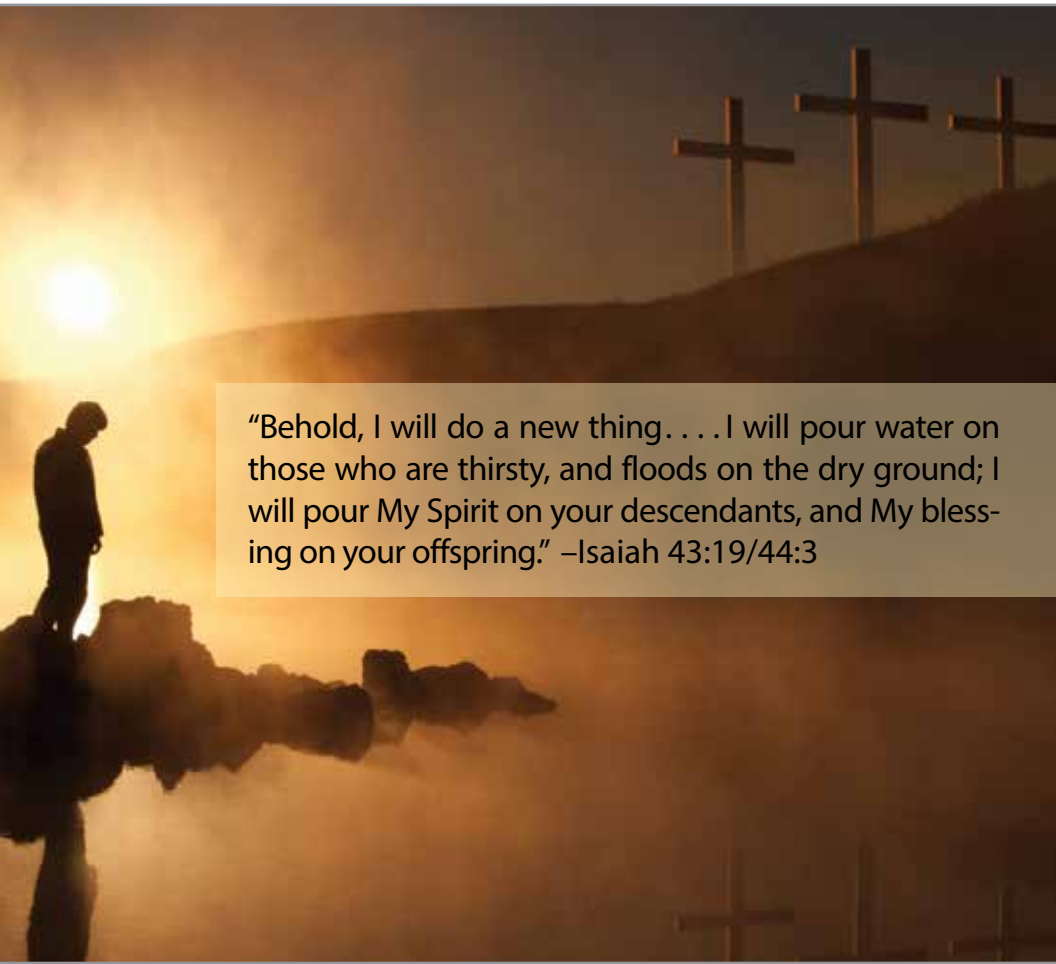


# PIONEER MEMORIAL CHURCH



“Behold, I will do a new thing. . . . I will pour water on those who are thirsty, and floods on the dry ground; I will pour My Spirit on your descendants, and My blessing on your offspring.” –Isaiah 43:19/44:3

COMMUNION SABBATH  
JANUARY 4, 2014

9:00 AM & 11:45 AM // PAGE 8

# WELCOME!

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*Welcome to our celebration of the cross! What better way to commence our voyage into the New Year than to gather at the nail-scarred feet of the living Christ. Welcome to our visitors, guests, and friends who join us for this high and joyous worship! From wherever you've come, we're simply glad you came. And we hope that in these worship moments with Jesus, your heart and life will receive from God the very gifts you need for the journey ahead.*

## FIND IT HERE

### PAGE FOUR

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Pioneer @ Worship

### PAGE TEN

Pioneer People  
Announcements

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Sabbath School

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Sabbath School Directory

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## THE FOURTH WATCH

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[WWW.PMCHURCH.TV](http://WWW.PMCHURCH.TV)

### THE SECRET TO OUR HABITS

**S**cientists think they've found the secret to our good and bad habits. It has to do with the pleasure-sensing chemical dopamine, coursing up and down our body's internal highways. Dopamine "conditions the brain to want that reward again and again—reinforcing the connection each time—especially when it gets the right cue from your environment" (*South Bend Tribune* 1-4-11). For example, you enjoy munching on chips (no doubt a healthful kind). You usually do it before supper, while you're watching the evening news. (I know the routine well!) Dopamine links your desire for those chips to the environmental stimulus of watching the evening news, and pretty soon your brain's dopamine-rich striatum region links both activities to a desired reward—pleasurable taste and relaxation. Turn on the news,

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*Continued on 7*

# "I WILL DO A NEW THING"

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## TIME FOR RENEWAL

**D**id God create segments of time for humans to use in a cycle of work and rest?

- Each 24-hour day contains an evening for rest and renewal of body and mind.
- Each week contains a day—the Sabbath—set apart by God for rest, re-creation, and building relationship with God and man.
- Each Jewish year ended with the Feast of Tabernacles; a time for rest, reflection on God's goodness in saving us from sin, and rejoicing in God's harvest of all the nations gathered in.

Our modern interpretation of the Feast of Tabernacles is the celebration of a New Year. But rest and reflection on the goodness of God are far from the minds of most people. In the worldly celebration of the New Year with promises made, where is the renewal and re-creation God intended?

The way the world celebrates the New Year is far from what the Bible tells us about the purpose and benefits of time spent in dedicated rest and re-creation. "You visit the earth and water it, You greatly enrich it; the river of God is full of water; You provide their grain, for so You have prepared it. You water its ridges abundantly, You settle its furrows; You make it soft with showers, You bless its growth. You crown the year with Your goodness, And Your paths drip with abundance" (Psalm 65:9-11 *NKJV*). "But those who wait on the Lord shall renew their strength; they shall mount up with wings like eagles, they shall run and not be

weary, they shall walk and not faint" (Isaiah 40:31 *NKJV*).

What has God done for you this last year, and does He have a plan for you this coming year? Hasn't He already made a commitment to you? Can you rest and trust in Him to lead and provide for your needs? What else can we do but rest and wait on God for evidence of His providences? "Turn us back to You, O Lord, and we will be restored; renew our days as of old" (Lamentations 5:21 *NKJV*).

Why not ask for an outpouring of the Holy Spirit into your heart, now, today, this rest day; and wait to see what God will flood on you this year.

—Dennis Hollingsead

***"Fear not,  
O Jacob My servant;  
and you,  
Jeshurun [Israel],  
whom I have chosen.  
For I will pour water  
on him who is thirsty,  
and floods on the dry  
ground; I will pour  
My Spirit on your  
descendants, and My  
blessing on your  
offspring;"***

ISAIAH 44:2, 3 *NKJV*

# EMERGENCY ASSISTANCE

## EMERGENCY ASSISTANCE / HELP WITH BASIC NEEDS

During these tough economic times, our Emergency Assistance Program is a valuable service to folks who are struggling with job losses and other hardships and trying to stay in their homes. The main purpose of our Emergency Assistance Program is to meet survival needs (food, clothing or shelter) resulting from some short-term or temporary problems.



Credit: istock

We do not give cash, and if food or clothing is needed, we work with our local community agencies, such as Neighbor to Neighbor, to provide it. Rent money is available only in a crisis, to prevent eviction or homelessness. A recipient of emergency funds must be a member of Pioneer Memorial Church or Harbor of Hope, an AU student or someone referred to us by one of our members.

Jesus teaches that loving others means caring for them in the same way we would want to be loved. How then would we want to be cared for if we were struggling to keep our home because of a job loss or illness? By giving to "Line 9" you will be supporting this ministry. "He who is kind to the poor lends to the Lord, and He will reward him for what he has done" (Proverbs 19:17). "Give generously to him and do so without a grudging heart; then because of this the Lord your God will bless you in all your work and in everything you put your hand to" (Deuteronomy 15:10).

—Sue Rappette

### PRAY

That our hearts and pocketbooks will be open to those in need

### MORE INFO

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### EMERGENCY ASSISTANCE GIVE TO LINE 9

Year-end numbers are not available at this time and will be coming soon.

# MASTER PLAN OF EVANGELISM

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## YOUTH EVANGELISM / BAPTISMAL CLASSES

“I want to be a prophet . . .” was the line that came from one young participant in the baptismal class last year when the subject of spiritual gifts was covered. Here at PMC, youth leaders are eager to disciple young people through their baptismal decision at any time in the year. But we have, for the past two years, dedicated time for small-group baptismal classes starting in the fall and finishing just before spring. This year we have moved it to February to be a part of our GROW Group focus.

The curriculum is a Bible marking-plan in which reference stickers are placed by each verse pointing forward to the next Bible passage that covers the same subject. In the end, each student will be able to put together a short study on any of the topics and have their Bible referenced and be able to use it as a study tool for themselves or anyone else with questions.

Besides learning the systematic and life-changing truths of Scripture in preparation for each young person's journey with Jesus, the major goal for the baptismal classes is to mentor

and encourage the development of a personal and regular devotional time with Jesus.

Watching young people who are committed and dedicated along with their families is a blessing. The question is often asked, what could make this discipleship journey more impactful for young people? Answer: The more we use the bridge between home and church the more effectively these young people will experience discipleship. Here at PMC, we want to be involved in the spiritual growth of our young people and support the goals you have as parents for your children.

From baptismal class to Sabbath School classes, parents, we invite you to be involved in the process your young people are a part of. Here is another invitation, parents—one I hope you take me up on: If you are ever struck with an idea of how we from the church ministry side can help support what you do at home, I would love to sit down and talk with you.

We are praying for and with you, parents. *—Micheal Goetz*

### PRAY

For the young people in our church who are making the decision to start baptismal classes

### MORE INFO

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### MASTER PLAN OF EVANGELISM GIVE TO LINE 5

Year-end numbers are not available at this time and will be coming soon.

# CHRISTIAN EDUCATION

## RMES / DONATION OF WEATHER STATION

**R**uth Murdoch Elementary School is known throughout the community for its spiritual atmosphere, academic excellence, participation in community service, and enhanced curriculum. But RMES is certain to become known for another reason—current, reliable weather data.

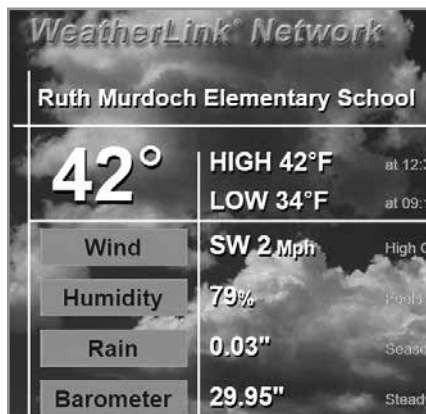
RMES administrators were thrilled when they received the donation of a weather station from the Earl Potter estate.

“Now that the RMES weather station is up and running, it provides real time information on what is happening right now at RMES,” said Principal David L. Waller; “I have put a link to it on my phone’s home screen, and I have instant weather information.”

Principal Waller isn’t the only one who checks the RMES weather station report. Teachers can access the current weather conditions before going to outdoor recess with their elementary school students, and they can also use the information as a teaching tool in the classroom.

The RMES weather station can be used throughout the entire Andrews

University campus and the local community. Local television and radio stations can also check out the weather at our school and use it in their local news. “Anyone who is interested in what is going on in Berrien Springs, Michigan, can find our weather station online,” continues Waller; “It’s an interesting and convenient way for anyone around the globe to see the current weather conditions at our school.”



To visit the RMES weather station online, visit their website, [www.myRMES.org](http://www.myRMES.org), and click on the WeatherLink icon. *–Wendy Keough*

### THANK

God for the many ways He  
blesses our school

### MORE INFO

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### CHRISTIAN EDUCATION GIVE TO LINE 3

Year-end numbers are not available at this  
time and will be coming soon.

get hungry for chips—munch some chips, turn on the television. The more repetitions, the stronger the dopamine tie that binds.

“Why are bad habits stronger? You’re fighting against the power of an immediate reward,” says Dr. Nora Volkow, director of the National Institute on Drug Abuse and an authority on the brain’s pleasure pathway. It’s the fudge vs. broccoli choice: Chocolate’s yum factor tends to beat out the knowledge that sticking with veggies brings an eventual reward of lost pounds. “We all as creatures are hard-wired that way, to give greater value to an immediate reward as opposed to something that’s delayed,” Volkow says” (ibid).

And the problem is that we tend to overestimate our ability to resist temptations around us, “thus undermining attempts to shed bad habits, says experimental psychologist Loran Nordgren, an assistant professor at Northwestern University’s Kellogg School of Management. “People have this self-control hubris, this belief they can handle more than they can,” says Nordgren, who studies the tug-of-war between willpower and temptation” (ibid).

All of which means that establishing good habits and ridding bad habits requires more than simply composing another list of New Year’s resolutions. “Been there—done that.” Based on this AP report of their studies, here are five new routines researchers recommend adding to your good-habits strategy:

**“Repeat, repeat, repeat the new behavior—the same routine at the same time of day.”** Pick a time of day, select an activity, and stick to it. Personal prayer and Bible study first thing the morning. Walking, jogging, working out at the same time each day. The striatum will eventually recognize the new habit and will “reward” you for faithfulness to the new routine, or “disturb” you when you neglect it.

**“Exercise itself raises dopamine levels,”** which means adding this good habit to your routine will raise your feel-good sense of vitality.

**“Reward yourself with something you really desire.”** A new book or a CD or an outfit you’ve been needing reinforces your own intentions to stick to good habit routine.

**“Stress can reactivate the bad-habit circuitry.”** So “chilling out” isn’t such a bad idea when your circuits are on overload.

**“Cut out the rituals linked to your bad habits.”** As the report puts it, “No eating in front of the TV, ever.”

But there’s one more strategy science can never measure. It’s your faith-factor. Repeat this dynamite promise from God daily and your striatum will quickly get the message:

**“I can do all things through Christ who strengthens me” (Philippians 4:13).** Too simple? Hardly! Begin each day in quiet conversation with Him through a story-a-day reading through the Gospels, and you will unite yourself with Christ himself, as you discover for yourself his omnipotent friendship—a power even stronger than dopamine.

## THE CALL

**The Welcome** Micheal Goetz

**The Meditation** *Ah, Holy Jesus / Johannes Brahms*

**The Introit** *When I Survey the Wondrous Cross / Lowell Mason*

**The Call** Micheal Goetz

Gather us into this New Year, O God of the ages.

**The scattered, the lonely, and the lost look  
to you for your lead.**

Bring us together from far and from near.

**Let us hear the voice of our Christ and  
we will rejoice and be satisfied.**

**The Invocation** Dwight K. Nelson

## THE CELEBRATION

**In Praising** *Lift High the Cross / 362*

**In Praying** Micheal Goetz

**In Giving** PMC Operating Expense / \*Russell Burrill; \*\*James McKee  
Offertory *How Can I Keep From Singing? / Carl Seal*

**In Proclaiming** Dwight K. Nelson /  
"Promises, Promises: 'A New Thing' for a New Year"

## THE CLEANSING

*When he had finished washing their feet, he put on his clothes and returned to his place. "Do you understand what I have done for you?" he asked them. "You call me 'Teacher' and 'Lord,' and rightly so, for that is what I am. Now that I, your Lord and Teacher, have washed your feet, you also should wash one another's feet. I have set you an example that you should do as I have done for you. Very truly I tell you, no servant is greater than his master, nor is a messenger greater than the one who sent him. Now that you know these things, you will be blessed if you do them. John 13:12-17 NIV*



## THE COMMUNION

### In Reading

\*Bruce Babiencko; \*\* DeLauna McKee

*For I received from the Lord what I also passed on to you: The Lord Jesus, on the night he was betrayed, took bread, and when he had given thanks, he broke it and said, "This is my body, which is for you; do this in remembrance of me." In the same way, after supper he took the cup, saying, "This cup is the new covenant in my blood; do this, whenever you drink it, in remembrance of me." For whenever you eat this bread and drink this cup, you proclaim the Lord's death until he comes. 1 Corinthians 11:23-26 NIV*

### In Praying

\*Russell Burrill; \*\*James McKee

### In Partaking

*Ah, Holy Jesus / Richard Walters*

## THE COMMITMENT

### In Singing

*Sent Forth by God's Blessing / 407*

### In Blessing

Dwight K. Nelson

### In Giving

PMC Assistance Fund

### In Leaving

*O God, Faithful God / Johannes Brahms*

PRESIDING PASTOR: Micheal Goetz; ORGANIST: Kenneth Logan

OFFERTORY: Ryan Clough, tenor

## MUSIC ALIVE

### BACKWARD, FORWARD

One poet's writing provides reflection backward to Calvary and prospect forward into this new year. Johann Heermann (1585 to 1647) was born in present-day Poland. He suffered seriously through illness and the Thirty Years' War. Words from his "Herzliebster Jesu" hymn, adapted into English, provide inspiration during the passing of communion elements. An organ setting of a hymn

melody looks forward as we close the worship service today. A portion of this Heermann text, also adapted, is this: "O God, Thou faithful God, / Thou fountain ever flowing, / Grant me a healthy frame, / And give me, Lord, within, / A conscience free from blame, / A soul unhurt by gain. / And grant me, Lord, to do, / With ready heart and willing, / Whate'er Thou shalt command, / My calling here fulfilling."

# PIONEER PEOPLE

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SUNSET TODAY: 5:26

SUNSET NEXT FRIDAY: 5:33

*To submit a request to have an announcement printed in Pioneer Family Life, please email [bulletin@pmchurch.tv](mailto:bulletin@pmchurch.tv). Requests must be received Monday by 5 PM for consideration.*

## PIONEER FAMILY LIFE

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### FLAG CAMP

FLAG Camp is a summer-long day camp on the campus of Andrews University—from June 9 to August 7—that accepts children entering kindergarten to 8th grade. Through creative programming and activities, FLAG Camp seeks to promote the very things for which its name stands: Fun Learning About God. Right now, in preparation for this coming summer, we are seeking young adults who are willing to use their talents and gifts to help others know more about Jesus. If you would like to work at FLAG Camp this summer, check out the following website and fill out a staff application, [www.flag-camp.org/employment.html](http://www.flag-camp.org/employment.html). We'd love to have you be a part of this exciting team. Bring your completed application to the front desk at PMC.

### CONVERSATION PARTNERS

Do you enjoy learning about other cultures and meeting new people? We invite you to become a Conversation Partner for a student in the Center for Intensive English Programs here at AU. All you need is native-like fluency in English and a desire to help someone. You are not required to tutor, just converse. For more information, please write to [ciep@andrews.edu](mailto:ciep@andrews.edu).

### SANCTUARY FLOWERS

The sanctuary flowers today are provided by the children and grandchildren of Pat Mauro for her 86th birthday.

### TEN DAYS OF PRAYER

The 22nd annual Ten Days of Prayer continues until January 9. We will meet for an hour and 15 minutes at the home of John and Millie Youngberg (4731 Greenfield Drive) at 6:45 PM. The theme this year is "AMAZING JESUS—WHO IS HE?" Study the ministry of our Savior and Friend. Come and pray.

### GOOD NEWS ANNOUNCEMENTS

We want to acknowledge not only the sad times but also the happy times. If you have recently celebrated an anniversary, significant birthday, or birth, we would love to announce it in the bulletin. Please email the information to [bulletin@pmchurch.tv](mailto:bulletin@pmchurch.tv).

### THANK YOU

The family of Evangeline Bell thanks the Pioneer community for the prayers, notes, and expressions of care in the loss of our mother. A memorial service is being held in Brighton, Colorado.

## PIONEER FAMILY LIFE [CONT]

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### WE MOURN

Today we mourn with David Susens on the death of his mother, Virginia Susens, on Thursday, December 19. A funeral service was held on Monday, December 30, in Battle Creek. We are also sympathizing with Nancy Hummel on the death of her husband, Loren, on Thursday, December 26. A funeral service was held at Pioneer on Sunday, December 29. With both these families we look forward to the soon return of the One who was born to save. "Even so, Come Lord Jesus."

### HONDURAS MISSION TRIP

The 22 member PMC Youth Missions Team has returned from the mission trip to the Hogar de Ninos (Children's Home) in Honduras. We conducted a camp for over 150 children and also served many of the poor families in the neighborhood. Over 30 families were provided with Christmas baskets with enough food for 3 to 4 weeks. Thank you for your prayers and financial support of PMC Youth Missions Honduras. Look for coming announcements about the full mission trip report.

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## SABBATH STUDY

SANCTUARY 10:30 AM

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### Song Service

Christina Carroll

### Opening Hymn

*I Will Sing of Jesus' Love* / 183

### Prayer & Scripture

Lois Nicholas / Psalm 98:1

### Special Feature

Overview of the New 13th Sabbath Projects

### Offertory

*Arioso* / Johann Sebastian Bach

### Bible Study

"Disciples and Scripture" / Classes

### Theme Song

*Make Me a Blessing*

*Make me a blessing; make me a blessing.*

*Out of my life may Jesus shine.*

*Make me a blessing; O Savior, I pray.*

*Make me a blessing; to someone today.*

"Make Me a Blessing," Ira Bishop Wilson

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### Benediction

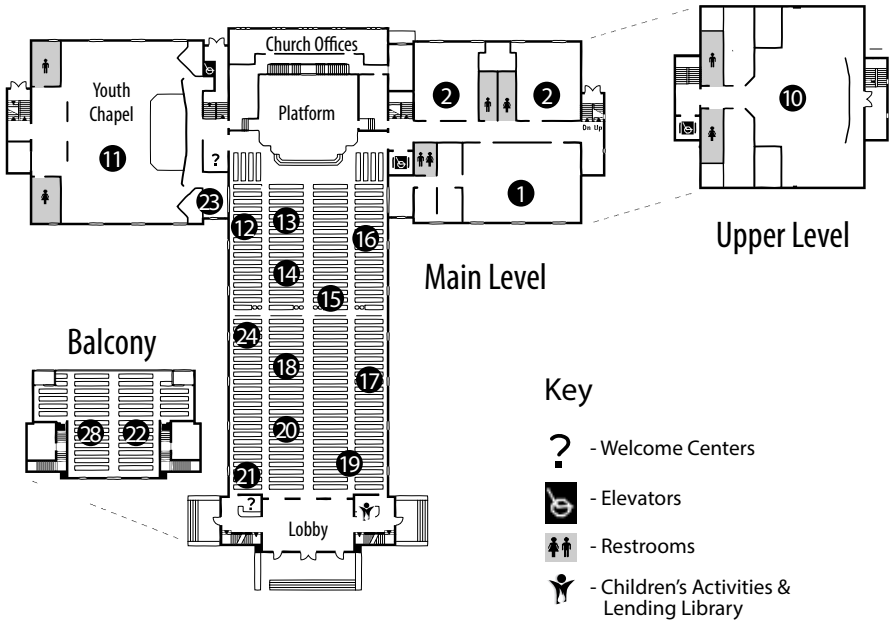
Christina Carroll

ORGANIST: Kenneth Logan

OFFERTORY: André Moncrieff, violin; Gona Choi, piano

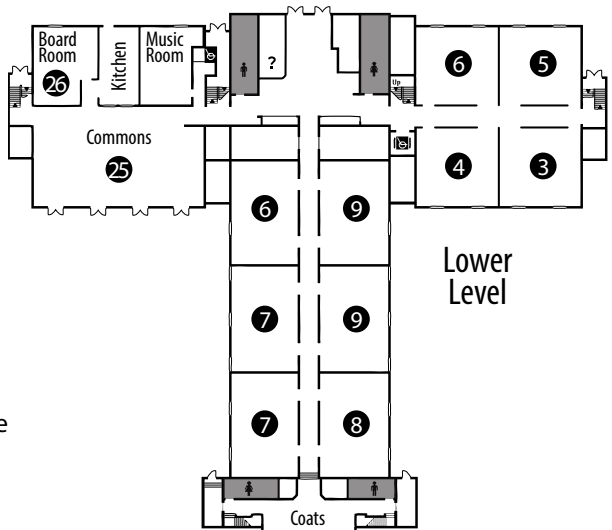
**[see page 12/13 for Sabbath School directory & map]**

# SABBATH SCHOOL DIRECTORY



[children]

- ❶ Birth - 18 months
- ❷ 18-36 months
- ❸ 3 yr olds
- ❹ 4 yr olds
- ❺ 5 yr olds
- ❻ 6 yr old - 1st grade
- ❼ 2nd/3rd grade
- ❽ 4th grade
- ❾ 5th/6th grade
- ❿ Earliteen: 7th/8th grade
- ⓫ Youth: 9th-12th grade



## PIONEER CLASSES

[adult sanctuary]

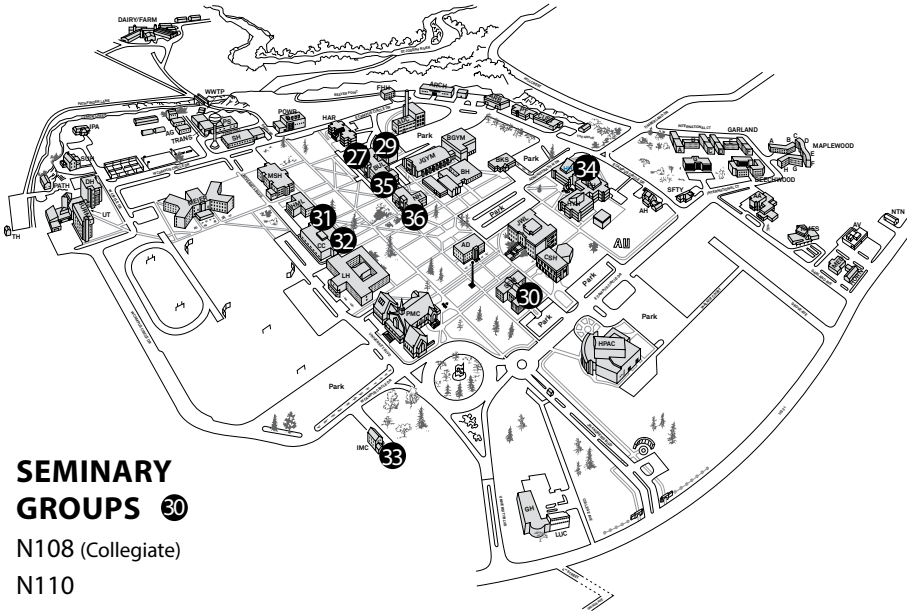
- 12 Group 1
- 13 Group 2 (Portuguese/Brazilian)
- 14 Group 3
- 15 Group 4 (Yugoslavian)
- 16 Group 5
- 17 Group 6
- 18 Group 7
- 19 Group 8
- 20 Group 9 (Spanish)
- 21 Group 10
- 22 Group 11 (Balcony)
- 23 Conference Room
- 24 Indonesian Class

[miscellaneous adult]

- 25 Something In Common
- 26 Seventh-day Adventist Beliefs

## COLLEGIATE

- 27 H&M (Hispanic - Religion Amphitheater)
- 28 People on the Move (PMC)
- 29 The Well (Buller—238)



## SEMINARY GROUPS 30

- N108 (Collegiate)
- N110
- N120 (New Life Church Choir)
- N150
- N211 (Small group)
- N235
- N310 (Russian)
- N335 (Spanish)
- S215 (French)
- S340 (Upper Room)

## ADULT @ AU

- 31 Main Lounge
- 32 Faculty Lounge
- 33 Back to Basics
- 34 Living Word Fellowship

- 35 Current Events (Buller—135)
- 36 Bible Journey (Nethery—143)

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---

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# PMCHURCH MEDIA

## TELEVISION

WHME TV 46  
*Sunday noon & midnight*

SAFE TV, HOPE CHANNEL & 3ABN  
*See websites for local listings*  
[www.safetv.org](http://www.safetv.org)  
[www.hopetv.org](http://www.hopetv.org)  
[www.3abntv.org](http://www.3abntv.org)

## LIVE VIDEO STREAMING

11:45 AM — [www.pmchurch.tv](http://www.pmchurch.tv)

## ONLINE

[www.pmchurch.org](http://www.pmchurch.org)  
[www.pmchurch.tv](http://www.pmchurch.tv)

## RADIO

WAUS - 90.7 FM  
*Sabbath 11:30 a.m.*



8655 UNIVERSITY BOULEVARD  
BERRIEN SPRINGS, MI 49103  
PHONE 269.471.3133 – FAX 269.471.6152

## COMING SOON

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1/11

Dwight K. Nelson  
"The Impossible Dream"

1/18

Dwight K. Nelson  
"The Implausible Prayer"

