

PIONEER MEMORIAL CHURCH



THE LAST WORD:
**STARVING FOR BREAD
WHEN THE PANTRY IS FULL**

OCTOBER 29, 2011

8:15 AM // PAGE 10 & 11:20 AM // PAGE 13

WELCOME!

On this bright fall weekend we welcome you to this glad day of celebration! Even in fall the Sabbath comes as a glad respite to a week of busy survival. May the quiet voice of Jesus bring a word of peace and hope to every worshipping heart. Visitors and out-of-town guests are invited to enjoy a home-cooked vegetarian meal following second service in the PMC Commons.

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THE FOURTH WATCH

WWW.PMCHURCH.TV

VATICAN TO THE RESCUE?

On Monday Rome issued a bold 18-page response to and proposal for the burgeoning financial crisis engulfing the world. According to the Reuter news agency it calls "for sweeping reforms of the world economy and the creation of an ethical, global authority to regulate financial markets as demonstrations against corporate greed continued to spring up in major cities across the globe" (uk.reutres.com/article/2011/10/24/Vatican-economy-idUKL5E7LO1LS20111024). While a Vatican spokesman clarified that the document is not an expression of the pope or the papal magisterium and does not carry the weight of church dogma, it nevertheless bears "an authoritative note" from the Pontifical Council for Justice and Peace (<http://www.newsmax.com/EdwardPentin/Vatican-Global-Finance-Plan/2011/10/25/id/415693>).

I have reviewed the document, posted at the official Vatican news

Continued on 7

REVIVAL & REFORMATION

HOUSE OF PRAYER

NOW THAT NET 2011 HAS ENDED ...

**Come and refresh your spirit with Jesus in prayer.
Join others who hunger for the Spirit.**

**HOUSE OF PRAYER
This Wednesday evening @ 7 PM**

Co-curricular credit available for university students

GOD'S SPIRIT NEEDED IN THE LAST DAYS

TO KNOW HIM BETTER

"I keep asking that the God of our Lord Jesus Christ, the glorious Father, may give you the Spirit of wisdom and revelation, so that you may know him better." Ephesians 1:17

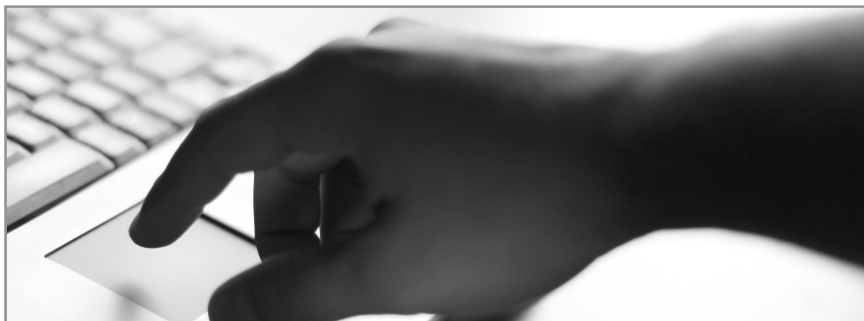
UNITED PRAYER

In need of a quiet place to get refreshed spiritually and spend some time seeking the Lord? Come & join us in Buller Hall's beautiful **Red Rose Prayer Chapel**. Prayer group meets Mondays from 12:30-1:30 PM and Thursdays from 5:00-6:00 PM. Open to all ages.



MASTER PLAN OF EVANGELISM

GLOBAL EVANGELISM / HUNGRY FOR MORE



Every day, millions of people conduct spiritual searches on the internet. Who are these people? They are people in crisis; facing loneliness, addictions, abuse, divorce and hopelessness. Many have nowhere to turn, and they are turning to the internet in astonishing numbers trying to fill the emptiness inside.

Recently we received a letter from Maflor in Iceland. He was browsing the internet looking up scripture verses and happened upon our website www.pmchurch.tv. He ended up listening to five sermons and heard Pastor Dwight offer the free book, "Steps to Christ". "I know this to be a long shot, almost impossible, but

I am hooked on your site and I want to have this book too." He wrote. He also wanted an additional five copies to give to some of his friends in Iceland. Maflor said there was no Bible school in his area so he listens to our sermons, takes notes and is studying his Bible every day. He signed his letter, *In Christ, hungry for more.*

Your donations to our Master Plan of Evangelism will allow us to continue to feed the hungry with words of life. It is incredibly important that we take advantage of the rapidly growing internet to reach the otherwise unreachable people who like our friend, Maflor, long for the Bread of Life.

PRAY

That those who are hungry for the word of God will find our website

MORE INFO

Nick Wolfer / 471-3246
wolfer@pmchurch.org

MASTER PLAN OF EVANGELISM

GIVE TO LINE 5

Annual Budget	\$131,000
Goal to-date	\$108,317
Received to-date	\$102,580
(Received to-date 2010)	\$ 85,830

As of October 22, 2011

OPERATING EXPENSES

SOCIAL ACTIVITIES / FUN FOR THE FAMILY

On Sunday Oct. 9th the 11th annual PMC Family Fun Hayride was held at Five Pines Christian Camp in Berrien Center. It was a beautiful day, almost 70 degrees. "I think that it may have been the warmest hayride that we have ever had", stated Jim Jordan. Jim and his family have been helping with the hayride for the eleven years. We also thank Marilyn Castelbuono for her continuous help.

Family Fun Night is free to all PMC members and their friends. This year's attendance was the best – over 250 people! After the joyous wagon ride through the colorful autumn woods, everyone came back to apple cider, donuts, hot dogs and pleasant

conversation. Small children could play on the wonderful playground and the older youngsters had fun on the basketball courts. There was something for everyone to enjoy. If you missed this event, plan to come next year. This is an ideal opportunity to get to know other families in our church.



PRAY

That our church can grow closer through social activities like these

MORE INFO

Becky von Dorpowski / 471-1014
bvondor@gmail.com

OPERATING EXPENSES

GIVE TO LINE 2

Annual Budget	\$585,000
Goal to-date	\$483,750
Received to-date	\$444,008
(Received to-date 2010)	\$424,060

As of October 22, 2011

CHRISTIAN EDUCATION

AA / KEEP IT SIMPLE



Andrews Academy had its Fall Week of Prayer in October. The speaker, Jerry Wasmer, pastor of the Daytona Beach SDA church in Florida, led in a series of extended devotions during the morning chapel time. The title of his series was "Simple." Theme song for the week was "Let My Words Be Few". As the theme for the week suggests, Pastor Wasmer helped students discover a simpler way to

understand God. Scriptures such as John 9:8-12 gave a clear example of that simplicity. Rather than get caught up in their quarrel, the blind man healed by Jesus had only one response to the Pharisees' relentless questioning: "One thing I do know: I was blind, and now I see."

Pastor Wasmer also told stories to highlight humanity's tendency to complicate life, such as the story of friends in Europe who were caught smuggling a Puerto Rican friend across international borders for a vacation and the story of a Swedish man who tried to make his own energy source in his kitchen to "simplify" his life. These humorous tales demonstrated how we sometimes unnecessarily complicate our lives.

Pastor Wasmer also spent time in religion classes throughout the week and gave students an opportunity to talk to him in a more private setting. With the Holy Spirit's blessing, Fall Week of Prayer had a powerful impact on students and staff. God's word was "a lamp unto our feet and a light unto our path". Psalms 119:105.

PRAY

That we simplify our lives and
focus on Jesus

MORE INFO

Robert Overstreet / 471-3148
overstrr@andrews.edu

CHRISTIAN EDUCATION

GIVE TO LINE 3

Annual Budget	\$220,921
Goal to-date	\$182,664
Received to-date	\$171,172
(Received to-date 2010)	\$164,040

As of October 22, 2011

website (www.zenit.com). It is laudable that Rome raises her voice over the plight of the economically disenfranchised. In doing so she sympathizes with the populist Occupy Wall Street movement that has gone global over the last few weeks. And it certainly is within the purview of a church body to call the world to economic equity. But central to this Vatican proposal is the formation of a “supranational authority” (also called the “world Authority” in the document) to guide and lead the world toward a more equitable banking and economic policy and practice.



And it is precisely the language of a “universal jurisdiction” and a “central world bank” that concerns me and should concern others who are watching for the apocalyptic endgame. The document proposes that the United Nations become the initial vehicle for economic reform, “on the way to creating a world political Authority.” Who or what that world Authority is beyond the U.N. is not identified in the proposal. But for students of Revelation 13, the prediction that at the end of time there will be a resurgence of the geo-religio-political power of the Dark Ages gives cause for pause. **“And all the world marveled and followed the beast”**

(Revelation 13:3).

Those who suggest the Vatican’s proposal is simply an economic policy recommendation need to reread the document: “In this process, *the primacy of the spiritual* and of ethics needs to be restored and, with them, the primacy of politics—which is responsible for the common good—over the economy and finance” (Zenit, emphasis supplied). So whose definition of “spiritual” do you suppose Rome envisions for the world, whose “primacy” does she seek to restore?

Cardinal Peter K. A. Turkson concludes this document, surprisingly for apocalyptic watchers, with a discussion of Babel! “The image of the Tower of Babel also warns us that we must avoid a ‘unity’ that is only apparent, where selfishness and divisions endure because the foundations of the society are not stable. In both cases, Babel is the image of what peoples and individuals can become when they do not recognize their intrinsic transcendent dignity and brotherhood” (ibid). But apocalyptic watchers know that Babel is in fact the image of “confusion,” of the human attempt to replace God with itself, of Babylon’s fateful amalgamation of pagan self-worship with a vestige of divine truth. It is *that Babylon* that Revelation warns will rule the world in the end. And for that reason we who live in the Fourth Watch of history should hardly be surprised with the Vatican’s offer to the world this week. As Jesus warned, **“Let those who have ears hear” (Revelation 2:7, 11, 17, 19; 3:6, 13, 22).**

GOD'S ABUNDANT PANTRY

WANT TO MAKE THE MOST OF A CHARITABLE DONATION? TAKE IT TO THE BANK.

DONATION BENEFITS:

1. Supply food for needy Andrews University students.
2. The entire donation is credited to PMC at Southwest Michigan's Food Bank, and you receive a tax deductible receipt.
3. Eligible donation: \$100/person/year, \$200/couple/year
4. How your Tax Benefit is maximized:
 - Your \$100 donation brings \$50 tax credit on State Taxes and a \$15 (or more) Federal Tax Credit
 - Your net donation is \$35 (or less) will provide the amount of food shown from the Food Bank.
5. NOTE: To receive the tax benefit, and for PMC to get the credit you must use the donation envelope provided at the Welcome Centers at PMC. Checks should be made out to Feeding America West Michigan and account number 40108 written on the memo line.

\$10 @ STORE

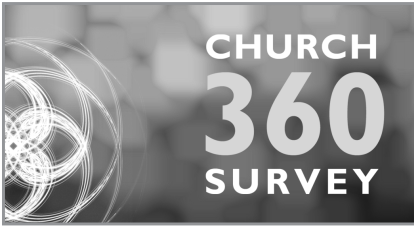


\$10 @ FOOD BANK



360 SURVEY

HELP US MEASURE OUR MISSIONAL AND EVANGELISTIC TEMPERATURE



Organizations have a tendency to slow down and lose focus. This is especially true of large organizations that have been around for some time. At Pioneer Memorial Church we want to do everything in our power to avoid that from happening. In fact, our cause is clear—transforming this generation to serve Christ in the local Seventh-day Adventist Church and in the world. We need your help to make this a reality, though. To that end the Pioneer pastors and evangelism council are asking you to be a part of a survey that will help us to become more missionally focused and to accomplish what we’ve been called to do.

Your help is vital to accomplishing that mission.

Here’s what we’re looking to do. We’d like at least four hundred people to be involved in this survey. The more people take it, the more accurate the results will be. From there, the evangelism council will convene to debrief based upon the results and try to wrestle with what

we’re hearing. The good news is that the survey is completely anonymous. We want everyone who takes it to be as open and honest as possible.

The survey just takes about twenty minutes to complete, but we know it will make a lasting difference for the kingdom of God as we seek to make this a better place. To take the survey, go to www.pmchurch.org and click on the Church 360 link. The link will just be open for about two weeks so there’s no time to waste. Take a moment as soon as possible and let us know how we’re doing. By the way, when you take the survey, feel free to forward it to any other member of this church that you know. We’d appreciate it.

God bless you and thank you for being a part of the team.

PIONEER @ WORSHIP

8:15 AM

Pioneer Family Life

Rodlie Ortiz

Voluntary

Praise to the Lord / Johann Gottfried Walther

Introit

All Good Gifts / Natalie Sleeth

Call to Worship

Doxology

Praise God, From Whom All Blessings Flow / 695

Invocation

Dwight K. Nelson

Hymn of Praise

Praise to the Lord / 1

Congregational Prayer

Rodlie Ortiz

Call to Prayer

Great Is Thy Faithfulness / st. 1 of 100

Response

Feed Me Till I Want No More / Kenneth Logan

Worship in Music

*God Made Our Hands / Amazing Grace / Hawley Ades /
Jean Anne Shafferman*

Offering

NAD Evangelism

Dedication Prayer

Susan Zork

Offertory

Break Thou the Bread of Life / William Sherwin

Children's Story

The Word

John 6:32-37 NIV / Dorothea & Christiane Gallos

Hymn of Preparation

Break Thou the Bread of Life / 271

Sermon

Dwight K. Nelson

"The Last Word: Starving for Bread When the Pantry Is Full"

Hymn of Dedication

I'd Rather Have Jesus / 327

Benediction

Postlude

Praise the Lord, O My Soul / Johann Herzog

PRESIDING PASTOR: Rodlie Ortiz; ORGANIST: Kenneth Logan
WORSHIP IN MUSIC: RMES Singers, Héctor Flores, director; Melody Collins, piano

CALL TO WORSHIP

Jesus said, "I am the bread of life."

Whoever comes to him will never be hungry, whoever believes in him will never be thirsty.

O Lord, open wide our lips;

And our mouths shall sing your praise! O God, eternal and unchangeable, the same yesterday and forever: You are glorious in holiness, full of love and compassion, abundant in grace and truth. All your works praise you in all places of your dominion, and we adore you through Jesus Christ our Lord. Amen.

THE WORD

JOHN 6:32-37 NIV

Jesus said to them, "Very truly I tell you, it is not Moses who has given you the bread from heaven, but it is my Father who gives you the true bread from heaven. For the bread of God is the bread that comes down from heaven and gives life to the world."

"Sir," they said, "always give us this bread."

Then Jesus declared, "I am the bread of life. Whoever comes to me will never go hungry, and whoever believes in me will never be thirsty. But as I told you, you have seen me and still you do not believe. All those the Father gives me will come to me, and whoever comes to me I will never drive away.

MUSIC ALIVE

"BREAD" IN SACRED MUSIC

"Bread" occurs in sacred music often in one of two different contexts. The first context is that of communion bread. The second context relates closely to today's sermon, that of Christ as the Bread of Life — His message as bread for one to eat. Today's offertory uses a broad hymn melody associated with hymn no. 271, "Break Thou the Bread of Life." A

devotional commentary says, "Reading the Bible and spending time in prayer are vital to our spiritual well-being. But even these activities are a means to an end, the end purpose being that they bring us into a closer relationship with God Himself." Today's prayer response is reflective of the mystery of the bread, as in the wilderness manna for Israel.

SABBATH STUDY

SANCTUARY 10:00 AM

Song Service

Christina Carroll

Welcome

Delyse Steyn

Special Feature

Andrews Academy

Offertory

When I Survey the Wondrous Cross / Donald Whitman

Bible Study

"Old Testament Faith" / Classes

Theme Song

Amazing Grace / st. 1 of 108

Benediction

Christina Carroll

ORGANIST: Kenneth Logan

OFFERTORY: Jonathan Thompson, violin; David Rodriguez, piano

[see page 20/21 for Sabbath School directory & map]





Church Life

Rodlie Ortiz

Voluntary

Praise to the Lord

Introit

All Good Gifts

Songs of Praise

Prayer

Rodlie Ortiz

Invitation to Give

*Break Thou the Bread of Life /
God Made Our Hands*

Share the Word

Worship in Music

Amazing Grace

Message

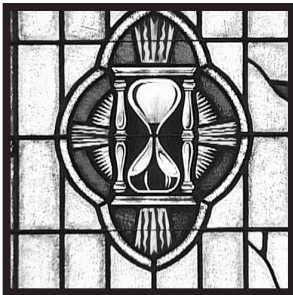
"The Last Word:
Starving for Bread
When the Pantry Is Full"
Dwight K. Nelson

Commitment

I'd Rather Have Jesus / 327

Postlude

Praise the Lord, O My Soul



The Kids Library (in the church lobby) loans quiet activities to young families.

WORSHIP LEADER: José Bourget; MUSIC DIRECTOR: Joshua Goines

ORGANIST: Kenneth Logan

WORSHIP IN MUSIC: RMES Singers, Héctor Flores, director; Melody Collins, piano

We invite you to our Facebook page to learn more about today's worship team.

PIONEER PEOPLE

SUNSET TODAY: 6:46

SUNSET NEXT FRIDAY: 6:38

For more announcements or to submit a request for a new announcement, please email bulletin@pmchurch.tv.

PIONEER FAMILY LIFE

SECOND SERVICE SEATING

During second service, every other row is reserved for college students. Please observe the signs. Additional seating is available in the youth chapel. Thank you.

FELLOWSHIP DINNER

Visitors and out-of-town guests are invited to enjoy a home-cooked vegetarian meal following second service in the PMC Commons.

THE ULTIMATE MISSION CHALLENGE

ASAP (Adventist Southeast Asia Projects) has put together a mission challenge to encourage people to step out in faith. With this challenge there is an opportunity to win a free iPad 2. For more details about the mission challenge go to www.asapministries.org.

SMALL GROUP OPENING

Small group has an opening for 1 or 2 more members. We meet at 2 PM on Thursdays and are presently studying the Apostle Paul's letters in the order he wrote them. This has been such a blessing to us and we'd like to share it with you. If you are interested email or call dudley@andrews.edu or 471-4308.

HAPPY BIRTHDAY

Birthday greetings and best wishes to Robert Butts who will be 80 years old on Wednesday, November 2. Cards may be sent to Robert Butts, 4798 E. Hillcrest, Berrien Springs, MI 49103.

SUPER HUDDLE

If you are a small group leader or small group member join us on Monday, November 14 at 5:30 PM in the PMC Commons. We will help you understand "Four Factors for Group Health." What makes groups thrive and grow? This conversation is important for all group members not just small group leaders. Soup and sandwiches will be served. Call 471-3971 or email smallgroups@pmchurch.org to reserve your spot.

OPERATION COATS

Every October, the Women's Service League collects and distributes thousands of free coats to men, women and children living in Berrien County. A coat drop box is set up outside the youth chapel for you to donate gently used coats and jackets of all shapes and sizes. Last year over 3,000 items were distributed. Any questions go to www.womensserviceleague.org.

PIONEER FAMILY LIFE [CONT]

HOWARD PERFORMING ARTS CENTER

For tickets call 269-471-3560

Today at 8 PM, Claudio Gonzalez and Carlos Flores will perform a faculty recital at the Howard Performing Arts Center. They are combining the rich flavors of Latin music with classically trained musicians.

BLOOD DRIVE

Monday, October 31 and Tuesday, November 1, Pioneer Memorial Church. Mark your calendars for the blood drive!

Monday: 11:15 AM - 5:15 PM

Tuesday: 3 PM - 9:00 PM

For more information contact: Sara Rudolph - rudolphs@andrews.edu

COMMUNITY THANKSGIVING DINNER

Andrews University Dining Services will be hosting a Festive Thanksgiving Dinner for the community on Thursday, November 24, with seating at 11:30 AM and 2:00 PM. For reservations, please call 269-471-3161 from 9 AM – 5:30 PM, Monday thru Thursday and 9 AM – 12 noon, Friday.

HEALTHY HOLIDAY MEALS

November 13, 4 PM. PMC Commons. Prepare healthy, holiday dishes, and decorate on a budget. The demonstration will also include how to make inexpensive, edible gifts. Free babysitting! This event is open to everyone, so feel free to invite your friends from the community!

"TWICE UPON A HYMN TUNE: A PIPE ORGAN CELEBRATION"

Kenneth Logan will perform a pipe organ recital tomorrow at 4 PM. The recital will explore creative organ settings of about eight hymn tunes with emphasis on German-tradition chorale music. Trinity Episcopal Church is located at 9 S. Fourth St. in Niles.

ENGAGED ENCOUNTER

Adventist Engaged Encounter (AEE), an enrichment weekend for engaged and recently married couples, offers couples the insights, tools, and confidence to enrich their relationship and strengthen their love and commitment for one another. The weekend experience is being held on the Andrews University campus on November 11 – 13, 2011 and March 2 – 4, 2012. For registration, contact the AU Undergraduate Leadership Program at aee@andrews.edu or 269-471-6636.

NEIGHBOR TO NEIGHBOR/ APPLE VALLEY FOOD DRIVE

Remember to stop by Apple Valley and purchase items to restock Neighbor to Neighbor's food pantry. Order forms are available from the cashiers. Pick what you would like to purchase and Apple Valley will deliver it to Neighbor to Neighbor for you.

THANK YOU

The beautiful mums that decorated the Youth Chapel platform all during the Net 2011 meetings were given by Cecil Jorgensen in memory of his wife, Monica.

CITRUS FRUIT

Andrews Academy's Citrus Fruit program is once again offering tree-ripened oranges and grapefruit for special order throughout the winter. To order tree-ripened Florida navel oranges or pink seedless grapefruit for November 14 pickup, call the academy fruit line (471-6544) any time by Sunday, November 6. The pickup date is Monday, November 14, 3-6:45 PM in the Andrews Academy gymnasium. To have your name placed on the mailing list, please leave your name and address on the Andrews Academy fruit line (471-6544). For more information call the Andrews Academy office (471-3138).

NOMINATING COMMITTEE

First Reading

Facilities/Offering Deacon/Deaconess:
Taneshia Bennett, Chitaya Chosani,
Alexander Djordjevic, Najeeb Nakhle
H/H Welcome Center:
Eve Ghisolf-Astacio, Judy Schalk

WE MOURN

Today we mourn with Cynthia Helm on the death of her mother, on Monday, October 17 in Chicago. A funeral service was held in Chicago. With Cynthia and the entire family we are looking forward to that Resurrection morning. "Even so, come, Lord Jesus."

SANCTUARY FLOWERS

The sanctuary flowers are given in loving memory of her parents, Wilson and Verda Trickett by their daughter, Barbara.

NEED A SUMMER JOB?

FLAG (Fun Learning About God) Camp is looking for boy and girl counselors to work next summer from May 27 - August 3 (M-F, 8AM-5PM). The camp is run on campus down at the Pathfinder Building with around 100 kids attending every day. If you love kids and want to be a positive role model, then we would encourage you to apply. Please email scott.e.schalk@gmail.com for an application or questions.

PMC JOB OPPORTUNITIES

The Pioneer Memorial Church is seeking qualified candidates for two full time positions:

- **Administrative Assistant for Associate Pastors**
- **Receptionist and Administrative Assistant for Associate Pastor**

Job application information and instructions as well as job descriptions for both positions are available on the church website: www.pmchurch.org/jobs. All applicants must follow instructions provided there. Please do not call or come by the church.

BE CHANGED THEN CHANGE YOUR WORLD

The School of Graduate Studies and Research is sponsoring a Graduate Student Week of Spiritual Emphasis from October 31 - November 5. We hope that graduate students will have a sense of community and healing during this week. The meetings will be held in the Seminary Chapel from 6-7:30 PM. On Saturday there will be a Sabbath Service at 11 AM (same place).

ADVENTIST GIVING

AdventistGiving is now accessible through the PMC website. To begin using this convenient and secure technology,

- go to www.pmchurch.org and
- click on AdventistGiving in the upper right-hand corner.
- Follow the directions provided for setting up your user account.
- You may then log in to your account and complete your donation.

However, before you begin, we encourage you to read **Frequently Asked Questions** in the first time users section. If you have a question that is not answered, click on **Contact Us** on the left side of the page, and you will be directed to help@adventistgiving.org.

BAPTISMAL CLASSES

Baptismal classes will be held at Pioneer this Fall/Winter for young people. Even if the young person is not sure about baptism yet, they are welcome to join and to grow in that direction.

Each class will meet weekly for one hour. Please choose as many class time options as work (this allows us flexibility in setting up the classes).

_____ Monday, 4:30 PM _____ Tuesday, 4:30 PM _____ Thursday, 4:30 PM
_____ Monday, 6 PM _____ Tuesday, 5:30 PM _____ Friday, 1 PM

Name (of young person): _____

Parent/Guardian: _____

Age: _____

Phone #: _____

E-mail: _____

Put this form in the offering plate or return it to the church office.
For more information or questions:
Contact Pastor Goetz: goetz@andrews.edu/471.6176

REPLENISH N2N PANTRY

Once again, Apple Valley is helping us sponsor a food drive for Neighbor to Neighbor by making cases of food available at just pennies above their cost. This food drive will run from October 2 through December 23, 2011. Here is how it works:

1. Take this sheet and check off the quantity of each case you wish to purchase
2. Take the sheet to a cashier at Apple Valley
3. Pay for the items
4. Apple Valley will deliver the cases to Neighbor to Neighbor

*Case prices are subject to change & only apply to Apple Valley deliveries to Neighbor to Neighbor

	PACK/SIZE	ITEM	COST*	NUMBER
586-610	12/32 OZ	GRAPE JELLY (VALUE TIME BRANDS)	\$15.54	_____
586-651	12/32 OZ	STRAWBERRY	\$20.58	_____
593-301	12/18 OZ	PEANUT BUTTER-CREAMY	\$15.33	_____
593-335	12/18 OZ	PEANUT BUTTER-CRUNCHY	\$15.33	_____
587-519	12/32 OZ	DILL PICKLES	\$16.72	_____
587-915	16/24 OZ	KETCHUP	\$12.52	_____
589-192	12/32 OZ	SALAD DRESSING	\$18.67	_____
590-935	12/29 OZ	SLICED PEACHES L/S	\$14.31	_____
620-120	12/29 OZ	FRUIT COCKTAIL	\$15.47	_____
102-400	12/29 OZ	PEARS SLICED L/S	\$14.63	_____
633-108	8/64 OZ	APPLE JUICE	\$12.04	_____
252-858	12/46 OZ	TOMATO JUICE	\$12.45	_____
433-961	8/64 OZ	GRAPE JUICE	\$11.42	_____
591-438	12/14.5	CUT GREEN BEANS	\$13.44	_____
586-701	24/15.5	CORN W/K	\$13.60	_____
586-743	24/15 OZ	SWEET PEAS	\$14.37	_____
623-983	24/14.5	STEWED TOMATOES	\$12.47	_____
590-562	24/15 OZ	MIX VEGETABLES	\$13.98	_____
426-510	12/12 OZ	EGG NOODLES	\$9.98	_____
620-344	12/26 OZ	PASTA SAUCE	\$10.42	_____
625-566	12/32 OZ	ELBOW MACARONI	\$20.68	_____
625-061	12/32 OZ	SPAGHETTI REG	\$20.68	_____
619-213	24/6.25	MAC/CHEESE DINNER	\$8.80	_____
624-171	48/8 OZ	TOMATO SAUCE	\$11.57	_____
591-396	24/4 OZ	MUSHROOMS S&P	\$14.02	_____
576-256	24/10.5 OZ	CREAM OF MUSHROOM SOUP	\$10.75	_____
550-707	12/32 OZ	PANCAKE MIX	\$15.31	_____
008-490	12/24 OZ	PANCAKE SYRUP	\$14.96	_____
256-511	12/32 OZ	LONG GRAIN RICE	\$12.05	_____
172-205	24/16 OZ	VEGETABLE -OIL SPARTAN	\$29.97	_____
034-686	12/12 OZ	SQ-HONEY	\$22.81	_____
177-006	24/26 OZ	TABLE SALT REG	\$9.14	_____
572-453	12/42 OZ	QUICK-OATS	\$23.41	_____
621-292	8/5 LB	ENRICHED FLOUR	\$13.41	_____
620-179	10/4 LB	GRANULATED SUGAR	\$26.71	_____
256-511	12/32 OZ	RICE-LONG GRAIN	\$12.05	_____
069-864	24/16 OZ	LENTILS-SPARTAN	\$21.41	_____



2011-2012 Health & Wellness Schedule

Featured Events

'HEALTHY HOLIDAY MEALS'

November 13, 2011, 4:00 PM

Prepare healthy holiday dishes, and decorate on a budget. The demonstration will also include how to make inexpensive, edible gifts. Free babysitting!

DE-CLUTTER YOUR LIFE!

Jan. 8, 2012, 2:00 PM

Think: 'Ultimate Home Makeover.' De-clutter your living spaces. The winner of our drawing gets one FREE in-home house-cleaning and reorganization day. Light refreshments. Free babysitting!

SIMPLE SOLUTIONS

Jan. 12 – Feb. 2 (4 Thursdays), 6:00 PM

Simple Solutions is a four-session, dynamic lifestyle intervention program. Learn how to deal with stress and depression in a more positive way and discover the relationships between biblical and scientific principles of a healthy lifestyle and better coping ability. Presented by Evelyn Kissinger. Free babysitting!

BACK HEALTH

Jan. 29, 2012, 2:00 PM

This seminar will provide attendees with an easy-to-follow training plan. It will also include demonstrations, fitness plans, and hands-on examples. Free babysitting!

2ND ANNUAL 'SUSHI 101'

February 26, 2012, 4:00 PM

Healthy food doesn't have to be bland food! Learn how to prepare vegetarian sushi. A full Japanese meal is provided. Free babysitting!

PIONEER RUNNERS SPRING RUN-OFF

April 1, 2012, 9:00 AM Events include 5km run/walk, and proceeds go to "Harbor of Hope."

3RD ANNUAL 'PIZZA 101'

April 8, 2012, 4:00 PM

We will demonstrate how to prepare traditional, healthy, and delicious pizza. A full pizza and salad meal is provided. The cost is \$5 per adult, and \$3 for students. Free babysitting!

Ongoing Programs

September 2011 - April 2012

WEEKLY EXERCISE CLASSES

Mondays and Wednesdays from 6-7 PM.

FREE group exercise classes at PMC.

Classes are instructed by certified personal trainers. All fitness levels are welcome to join. We provide dumbbells and exercise mats—all you need is appropriate clothing and shoes.

WALKING CLUB

Sunday, 9:00 AM

FREE Sunday morning walking club walks for 30-60 minutes outdoors (or indoors when the weather is poor). All fitness levels are welcome!

RUNNING CLUB

Sunday, 9:00 AM

FREE Sunday morning running club meets every week, unless travelling to a running event. Suitable for beginners and athletes, with different pace groups.

S.T.E.P. WALKING CLUB

Monday, 8:00 AM

Just for moms. Come join STEP (Spend- ing Time in Exercise & Prayer) on Monday mornings during the school year as we spend time walking and praying for our children. No cost.

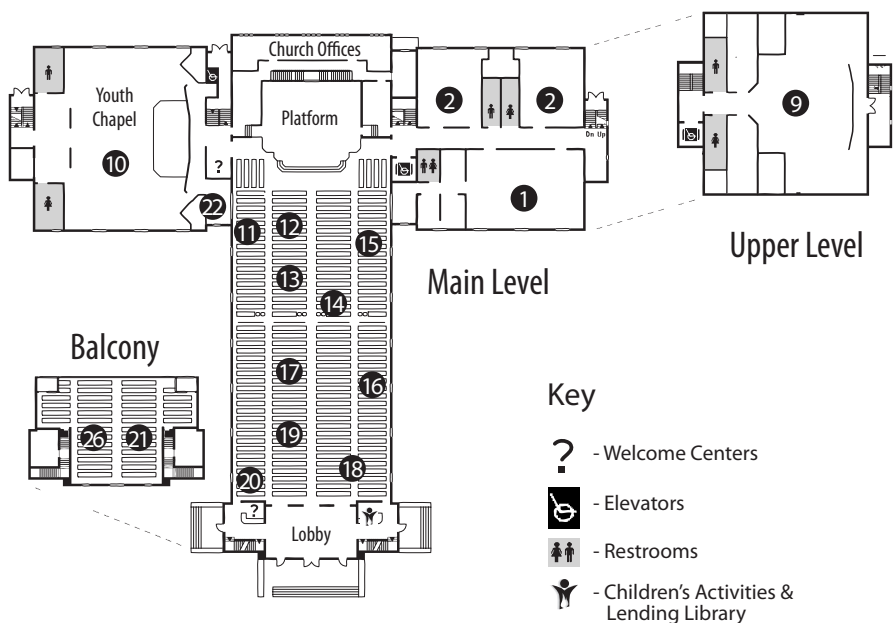
For more information, please contact:

Ryan and Christine Wallace

E-mail: health@pmchurch.org

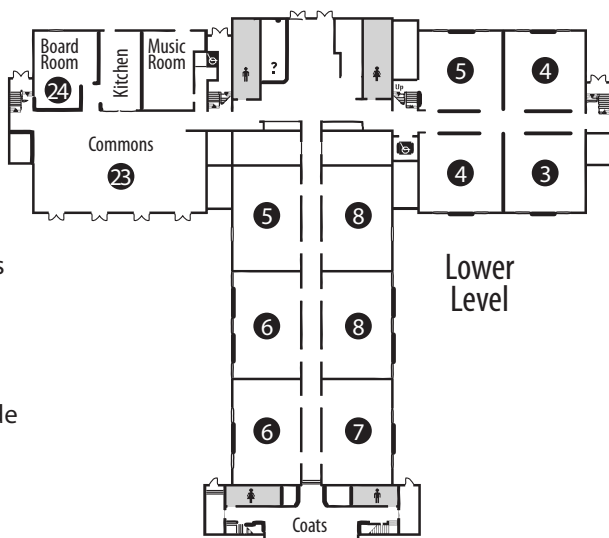
Web: <http://www.pmchurch.org/health>

SABBATH SCHOOL DIRECTORY



[children]

- ① Birth - 18 months
- ② 18-36 months
- ③ 3 yr olds
- ④ 4 - 5 yr olds
- ⑤ 6 yr old - 1st grade
- ⑥ 2nd/3rd grade
- ⑦ 4th grade
- ⑧ 5th/6th grade
- ⑨ Earliteen: 7th/8th grade
- ⑩ Youth: 9th-12th grade



PIONEER CLASSES

[adult sanctuary]

- 11 Group 1
- 12 Group 2 (Portuguese/Brazilian)
- 13 Group 3
- 14 Group 4 (Yugoslavian)
- 15 Group 5
- 16 Group 6
- 17 Group 7
- 18 Group 8
- 19 Group 9 (Spanish)
- 20 Group 10
- 21 Group 11 (Balcony)
- 22 Conference Room

[miscellaneous adult]

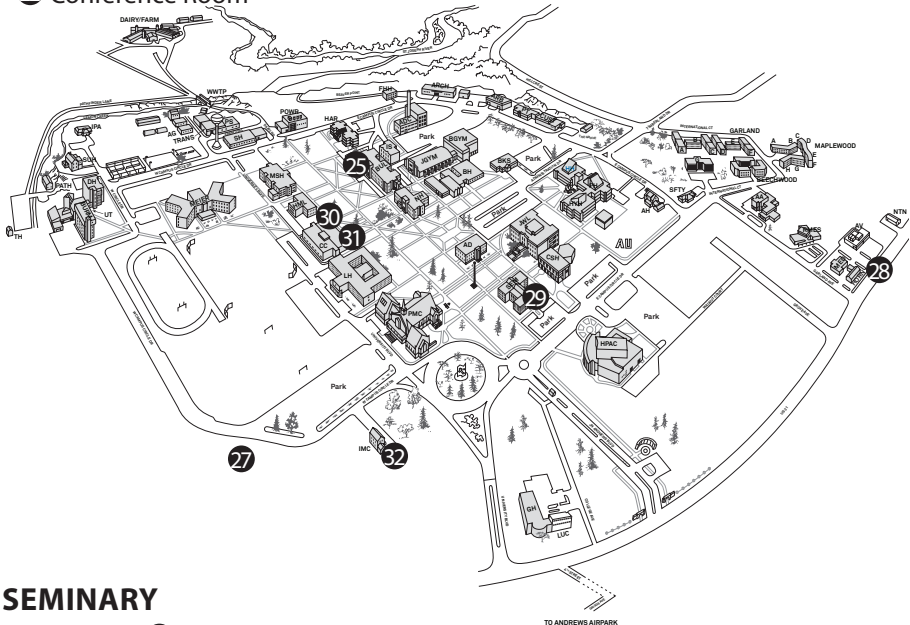
- 23 Something In Common
- 24 Seventh-day Adventist Beliefs

COLLEGIATE

- 25 The Vine (Buller Student Lobby)
H&M (Hispanic - Religion Amphitheater)
- 26 People on the Move (PMC)

YOUNG ADULT

- 27 Elements (Fireside Fellowship House)
- 28 HAM Horn Museum (downstairs)



SEMINARY GROUPS 29

- | | |
|-------------------------------|-------------------|
| N108 (Collegiate) | N235 |
| N110 | N310 (Russian) |
| N120 (New Life Church Choir) | N335 (Spanish) |
| N135 (Living Word Fellowship) | S215 (French) |
| N150 | S340 (Upper Room) |
| N211 (Small group) | |

ADULT @ AU

- 30 Main Lounge
- 31 Faculty Lounge
- 32 Back to Basics

CONTACTS

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PMCHURCH MEDIA

ONLINE

www.pmchurch.org
www.pmchurch.tv

RADIO

WAUS - 90.7 FM
Sabbath 11:30 a.m.

CMRadio

www.andrews.edu/cm/cmradio
Live Stream - 11:30 a.m. service

LIVE VIDEO STREAMING

11:30 AM — www.pmchurch.tv

TELEVISION

WHME TV 46

Sunday noon & midnight

SAFE TV, HOPE CHANNEL & 3ABN

See websites for local listings

www.safetv.org

www.hopetv.org

www.3abntv.org

Send Bulletin information to:

Rachelle Offenback — bulletin@pmchurch.tv



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“THE LAST WORD”

FOR PERSONAL / GROUP STUDY

Opening Up:

1. Share a story about a time you got into trouble for doing something wrong.
2. If there was a time when someone defended you, or you defended them, tell that story.
3. Who are the people in your life that accept you no matter what you have done?

Reading: John 8:1-36

Reflecting:

1. What was the point the scribes and Pharisees were attempting to make?
2. What was the point in Jesus' response?
3. If you had been the guilty one thrown at His feet, what would be going through your mind?
4. Describe the freedom Jesus offers (vv 32, 36).
5. When it comes to forgiving yourself when you fail and fall, put an X on the line to indicate where you are between the two ends:
I always put myself down _____ I have learned to accept God's forgiveness.

COMING SOON

11/05 “The Last Word: The Scarlet Letter”
Dwight K. Nelson

11/12 “Family Matters: A Working Model”
José Bourget

