

“The Gift (9): Ellen White—When Every Nerve Shrieked with Pain”

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□ Diary Entries

- “I made the long journey and attended the conference held in Melbourne. . . . Just before the conference closed I was stricken with a severe illness. For eleven months I suffered from malarial fever and inflammatory rheumatism [acute rheumatism/inflammation of the joints attended with fever, and attacking usually the larger joints, which become swollen, hot, and very painful]. During this period I experienced *the most terrible suffering of my whole life*. I was unable to lift my feet from the floor without suffering great pain. My right arm, from the elbow down, was the only part of my body that was free from pain. My hips and my spine were in constant pain. I could not lie on my cot for more than two hours at a time, though I had rubber cushions under me. I would drag myself to a similar bed to change my position. . . . Physicians said I would never be able to walk again, and I had fears that my life was to be a perpetual conflict with suffering.” (*EGW Biography* 4:31, 32, emphasis supplied)

□ How to Live Through Your Own Suffering

- #1—In your suffering _____.
- #2—In your suffering _____.
 - “In the long weary hours of the night, when sleep has been out of the question, I have devoted much time to prayer; and when every nerve seemed to be shrieking with pain, when if I considered myself, it seemed I should go frantic, the peace of Christ has come into my heart in such measure that I have been filled with gratitude and thanksgiving. I know that Jesus loves me, and I love Jesus. Some nights I have slept three hours, a few nights four hours, and much of the time only two, and yet in these long Australian nights, in the darkness, all seems light about me, and I enjoy sweet communion with God.” (2SM 232, 233)
- #3—In your suffering _____.
- #4—In your suffering _____ (James 5:13-16).
- #5—In your suffering _____ (II Corinthians 12:7-10).
- #6—In your suffering _____.
- #7—In your suffering _____.

*“My whole being longs after the Lord . . .
I must have more.”*

Look to Jesus, talk to God, give Him thanks, ask for prayer, trust His grace, read His word, sing His praise