

**“The Chosen (9):
How to Live Without Sex (for Awhile)”**

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□ **Numbers 25**

□ **Three realms of sexual concern:**

- ◆ Realm #1—_____ sex—why resist?
 - The National Coalition for the Protection of Children reports that _____ % of all internet search engine requests are related to pornography.
 - There are _____ million pornographic web sites, logged on to by _____ million people every day, making it a \$_____ billion dollar a year industry.
 - At least _____ American adults visit internet sex sites at least _____ hours per week.
 - _____ % of men and 13% of women do so on the job.
 - About _____ % of all emails include pornography.
 - An estimated _____ images of child pornography are posted on the internet every week.
 - The National Center for Missing and Exploited Children reports that the average age of first internet exposure to pornography is _____ , and the largest consumer of internet porn is the _____ age group.
 - _____ % of sexual advances over the internet happen when the youngsters are on a home computer.
 - _____ % of parents do not know any of their children’s internet passwords, instant messaging nicknames or email addresses.
 - *The best way out is to _____ go in.*
- ◆ Realm #2—_____ sex—why wait?
 - Michigan State University study (WSJ 10-31-07): (60)% of students surveyed have had a sexual “friends with benefits” relationship.
 - _____ out of 10 of those “hookups” did not lead to a dating relationship.
 - The *Journal of Sex Research* reported last year that after casual sex, females are more likely than males to show symptoms of _____ .
 - Laura Sessions Stepp, author of *Unhooked: How Young Women Pursue Sex, Delay Love and Lose at Both*.
- ◆ Realm #3—_____ sex—why not?
 - Genesis 1:27,28; 2:18, 24.
 - Richard B. Hayes: “When human beings engage in homosexual activity, they enact an outward and visible sign of an inward and spiritual reality: the rejection of the Creator’s design. Thus, Paul’s choice of homosexuality [Romans 1:26-32] as an illustration of human depravity is not merely random: it serves his rhetorical purposes by providing a vivid image of humanity’s primal rejection of the sovereignty of God the Creator.” (*The Moral Vision of the New Testament* 386)
 - The Bible’s single, simple divine principle for all human sexual interaction: Outside of a marriage between a man and a woman, there is to be _____ interpersonal sexual expression.
 - I.e., whether heterosexual or homosexual, all children of God outside of marriage between a man and a woman are to live a life of _____, sexual _____.
 - “Despite the smooth illusions perpetrated by mass culture in the United States, sexual gratification is not a sacred right, and _____ is not a fate worse than death. . . . Surely it is a matter of some interest for Christian ethics that both Jesus and Paul lived without sexual relationships. . . . Within the church, we should work diligently to recover the dignity and value of a single life.” (Hayes 401)
 - “Heterosexually oriented persons are also called to _____ from sex unless they marry (I Cor. 7:8-9). The only difference—admittedly a salient one—in

the case of homosexually oriented persons is that they do not have the option of homosexual 'marriage.' So where does that leave them? It leaves them in precisely the same situation as the heterosexual who would like to marry but cannot find an appropriate partner (and there are many such): summoned to a difficult, costly obedience, while 'groaning' for the 'redemption of our bodies' (Rom. 8:23)." (Hayes 402)

- Outside of marriage, the divine playing field is even, and the child of God will be given the moral _____ and divine _____ to live a life without sex.

□ **A four-fold life and sex strategy:**

- ◆ #1—Exercise your _____ .
 - Psalm 42:2—"My soul _____ for God."
 - Jesus: "Whoever drinks of the water that I shall give him will never thirst" (John 4:14).
 - Read *A New Way to Pray*
- ◆ #2—Exercise your _____ .
 - I Corinthians 6:18-20—"Flee sexual immorality Or do you not know that your body is the _____ of the Holy Spirit who is in you . . . and you are not your own? For you were bought with a price."
 - Begin a new _____ exercise routine—preferably daily.
 - And while you're at, keep your body free from _____ —drugs, alcohol, nicotine, caffeine, flesh foods, heavy seasonings, high sugar.
- ◆ #3—Exercise your _____ .
 - I.e., exercise your "_____"
 - I Corinthians 10:13—"God is faithful, who will not allow you to be tempted beyond what you are able, but with the temptation will also make the way of _____ , that you may be able to bear it."
 - James 4:7—"Resist the devil and he will flee from you!"
 - II Timothy 2:22—"Flee also youthful lusts."
- ◆ #4—Exercise your _____ .
 - ◆ Hebrews 10:24, 25—"Let us consider one another in order to stir up love and good works, not forsaking the assembling of ourselves _____ as you see the Day approaching."
 - ◆ Join a small group of spiritual friends to whom you can become accountable.

----- clip and save -----

**By the grace of my Lord Jesus,
I receive his forgiveness for my sins
and choose now to live a life of moral purity
as a spiritual virgin, till he shall come for me.**

Name _____

Date _____

Pornographic; 25; 1.3; 30; 3; 20,000; 11; 20; 8; 20,000; 11; 12-17; 70; 20; *never*;
Premarital; 9; depression; Homosexual; no; celibacy; abstinence; celibacy; abstinence;
purity; power; soul; thirsts; body; temple; physical; stimulants; mind; NO!; escape; heart;
together