

**“Wine and Milk (18):  
Unrelenting Battle—the Al Qaeda of the Heart”**  
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- ❑ **Romans 7**
- ❑ **Martin Luther: *simul iustus est et peccat* — “He is at the same time \_\_\_\_\_ and yet a \_\_\_\_\_.”**
- ❑ ***Ye Shall Receive Power 358:***

**“The Christian life is a life of constant conflict. *It is a battle and a march.* Every act of obedience, every deed of self-denial, every trial bravely endured, every temptation resisted, every victory gained, is a step forward in the march to eternal triumph. There is hope for man. . . . But let us never forget that the efforts we make in our own strength are utterly worthless. Our strength is weakness; our judgment foolishness. Only in the name and strength of our Conqueror can we conquer. When we are pressed with temptation, when un-christlike desires clamor for the mastery, let us offer fervent, importunate prayer to the heavenly Father, in the name of Christ. This will bring divine aid. In the Redeemer's name we may gain the victory. As, seeing the sinfulness of sin, we fall helpless before the cross, asking forgiveness and strength, our prayer is heard and answered. Those who present their petitions to God in Christ's name will never be turned away. . . . Our help comes from Him who holds all things in His hands. The peace that He sends is the assurance of His love to us.”**

- ◆ **Our three-fold strategy in the unrelenting battle with temptation and sin:**
  - **#1—Offer fervent, persistent p\_\_\_\_\_ in the name of Christ.**
    - **Short, sound bite prayers: “Lord, save me!”**
    - **Prolonged, lifelong prayers: “The life of the apostle Paul was a constant conflict with self.” (MH 452)**
  - **#2—Kneel at the foot of the cross, asking for p\_\_\_\_\_ and p\_\_\_\_\_.**
  - **#3—Receive the p\_\_\_\_\_ that His love sends to us.**

**“THANKS BE TO GOD—THROUGH JESUS CHRIST  
OUR LORD!”**

Justified, sinner, prayer, Pardon, power, peace